

A LISTENING EAR

We are a group of psychoanalysts working in London and the UK who have come together at this unique time of the Coronavirus event to offer an online and telephone service for people which is free and confidential. This is for:

- Anyone experiencing anxiety or distress or difficulties as a result of social isolation or because of the different effects of Covid-19 on their lives.
- People infected with the virus, or members of their family or household or who have lost someone.
- Frontline and key workers in health, the NHS, social care, mental health workers, public services, schools, nurseries, supermarkets and shops, transport and other essential needs.

Conversations take place online, e.g Skype, or on the phone and can be in English, Greek, French or Portuguese.

Contact us via

Facebook: <https://www.facebook.com/listening.ear.3304>

E-mail: alisteningear197@gmail.com

Please include your name and telephone number.

One of us will contact you usually within 24 hours during the week to schedule the day and time with you.